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## Proposed Clinical Study USA & Brazil

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### DepressiStim Neurostimulation & Depression Study

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ClinicalTrials.gov Identifier:

Recruitment Status :

First Posted

Last Update Posted :

**Sponsor:**

Leonhardt Ventures LLC

**Collaborator:**

DepressiStim

**Information provided by (Responsible Party): Leonhardt Ventures LLC & DepressiStim LTP**

**Study Details**

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#### Study Description

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Brief Summary:

Examine the safety and effectiveness of the DepressiStim Cranial Electrotherapy Stimulator Device on Major Depressive Disorder using two 20-minute per day treatment sessions over eight weeks.

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<u>Condition or disease</u>	<u>Intervention/treatment</u>
Major Depressive Disorder	Device: DepressiStim Cranial Electrotherapy Stimulator Device

## Study Design

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Study Type : Interventional (Clinical Trial)  
Estimated Enrollment : 100 participants  
 Allocation: Randomized  
 Intervention Model: Crossover Assignment  
 Intervention Model Description: This is a fully remote trial where participants engage at home. All data, including proof of identity via government ID will be reviewed before enrollment.  
 Participants will be randomized into an immediate or delayed active DepressiStim device limited to Level 2 output even if it is the active device for the full 8 weeks.  
 Masking: Quadruple (Participant, Care Provider, Investigator, Outcome Assessor)  
 Masking Description: This is a fully remote trial. Participants will be randomized in a 1:1 ratio to either the active or placebo arm. The participant is in the placebo or control arm.  
 Participants will be unblinded at week 4 at the crossover.  
 Primary Purpose: Treatment  
 Official Title: Neurostimulation & Depression Study  
Actual Study Start Date : August 24, 2021  
Estimated Primary Completion Date : March 30, 2022  
Estimated Study Completion Date : November 30, 2022

### Resource links provided by the National Library of Medicine

[MedlinePlus Genetics](#) related topics: [Depression](#)

[U.S. FDA Resources](#)

## Arms and Interventions

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**Experimental: Immediate Treatment Arm**

The immediate treatment arm participants will be shipped an active DepressiStim device limit raises the dial beyond that. The participant will remain with the active device for the full 8 weeks.

**Sham Comparator: Delayed Treatment Arm**

In the delayed treatment arm, the participants will receive a sham device that looks exactly the same as the active device but does not deliver any current. At week 4, sham arm participants will be unblinded and shipped an active device (limit raises the dial beyond that). The delayed arm participants will continue with active devices for the full 8 weeks.

**Outcome Measures****Primary Outcome Measures :**

1. Change in Beck Depression Inventory Score Baseline vs week 4 [ Time Frame: Week 4 ]  
Change in depression symptoms from baseline to treatment week 4 in immediate versus delayed arm. Lower scores show improvement in depression symptoms.

**Secondary Outcome Measures :**

1. Systematic Assessment for Treatment Emergent Events (SAFTEE) at week 8  
[ Time Frame: Week 8 ]  
assessment at week tolerability, safety and adherence at week 8
2. Change in Patient Health Questionnaire - 8 (PHQ-8) Score Baseline vs week 4  
[ Time Frame: Week 4 ]  
Change in self reported depression self assessed at baseline and week 4. Lower scores in the PHQ-8 show improvement in depression symptoms
3. Change in Patient Health Questionnaire - 8 (PHQ-8) Score Baseline vs week 2

[ Time Frame: Week 2 ]

Change in self reported depression self assessed at baseline and week 2. Lower scores in the PHQ-8 show improvement in depression symptoms.

4. Change in Beck Depression Inventory Score Delay Arm Week 4 to Week 8

[ Time Frame: Week 8 ]

Participants will self assess at point of receiving active device at crossover for the remaining 4 weeks of the trial. Lower scores show improvement in depression symptoms.

5. Change in Hamilton Depression Score Baseline vs week 4 [ Time Frame: Week 4 ]

Participants will be assessed by a tele-psychiatrist at baseline and week 4. Lower scores show improvement in depression symptoms.

6. Change in Hamilton Depression Score Baseline vs week 2 [ Time Frame: Week 2 ]

Participants will be assessed by a tele-psychiatrist at baseline and week 2. Lower scores show improvement in depression symptoms.

## Eligibility Criteria

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### Information from the National Library of Medicine

*Choosing to participate in a study is an important personal decision. Talk with your doctor and to join a study. To learn more about this study, you or your doctor may contact the study research coordinator. For general information, [Learn About Clinical Studies](#).*

Ages Eligible for Study: 21 Years and older (Adult, Older Adult)  
Sexes Eligible for Study: All  
Accepts Healthy Volunteers: Yes

#### Criteria

Inclusion criteria:

- Age greater than or equal to 21
- US resident
- Can receive packages to their home via UPS/Fedex/USPS
- Major Depressive Disorder
- PHQ-8 Score greater than 10 (show some signs of mild to moderate depression)
- PHQ-8 Score less than 20 (given remote study serious depressed should be excluded)
- Read/write English
- have not contemplated suicide in the past year
- not been institutionalized for mental health issues.
- not currently experiencing problems with alcohol or drug abuse
- can commit to not drinking alcohol 4 hours before bedtime for the duration of the study
- can commit to two (2) 20 minute sessions per day for 8 weeks
- has not used a brain stimulation treatment in one year
- no suspected or known history of heart disease
- no pacemaker
- not under medical supervision for other serious medical condition
- not taking opioids
- is a resident of states in which we have licensed medical professionals

## Contacts and Locations

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### Information from the National Library of Medicine

*To learn more about this study, you or your doctor may contact the study research staff using sponsor.*

*Please refer to this study by its ClinicalTrials.gov identifier (NCT number):*

### Locations

#### United States and Brazil

Remote Virtual Trial

**Sponsors and Collaborators**

Leonhardt Ventures LLC

DepressiStim

**Study Documents (Full-Text)**

To be Provided

**More Information**

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Responsible Party: Leonhardt Ventures LLC

ClinicalTrials.gov Identifier:

Other Study ID Numbers:

First Posted:

Last Update Posted:

Last Verified:

Individual Participant Data (IPD) Sharing Statement:

Plan to Share IPD: Yes

Studies a U.S. FDA-regulated Drug Product: No

Studies a U.S. FDA-regulated Device Product: Yes

Product Manufactured in and Exported from the U.S.: No

Additional relevant MeSH terms:

Depressive Disorder

Depressive Disorder, Major

Mood Disorders